



Media Release: Drivers and In-Home Complementary Therapy Volunteers Needed at Heart House Hospice

ONTARIO, February 5, 2019 – Volunteering for a nonprofit organization can be a rewarding, life-changing experience. Nothing could be truer when it comes to volunteering at a community hospice. There are many benefits associated with volunteering. According to Volunteer Canada, volunteering builds confidence, competence, connections and community. (Refer to Value of Volunteering Wheel from Volunteer Canada’s website attached with this release.)

Heart House Hospice relies on a strong team of dedicated volunteers to provide quality care and support to people living with a life-limiting illness and their loved ones. There is a wide range of meaningful volunteer experiences to choose from. Our most urgent needs are for drivers and complementary therapy volunteers.

	Volunteer Drivers	In-Home Complementary Therapy Volunteers
Quotes from Current Volunteers	<p>“As a driver for Heart House Hospice, I have the privilege to provide individuals that freedom of door to door service.” It makes a HUGE difference in their life to be with others in a social atmosphere where they are valued as a person not thought of as their illness.” ~ Trish</p> <p>"Driving is a rewarding experience for me. At the end of the day I know I made that person's day and it gives me a real feeling of accomplishment." ~ Len</p>	<p>“I thought I was going to “give”, but I receive and learn much more each time that can’t be taught anywhere else; strengthening me emotionally, mentally and spiritually.” ~ Gurpreet</p>
Requirements	<ul style="list-style-type: none"> • Drive participants to our weekly Day Program on Wednesdays and/or day or evening spa appointments throughout the week • Need a G license, a clean driver’s abstract, police clearance, and \$1 million in liability insurance. 	<ul style="list-style-type: none"> • No experience needed; training provided

Benefits	<ul style="list-style-type: none"> • Make a meaningful difference in a person's life journey and their loved ones • Be a contributing member of hospice volunteers and staff • Provided with quality hospice training • \$0.40 per km reimbursement for mileage 	<ul style="list-style-type: none"> • Provided with 30 hours of in-depth hospice training • Provided with free training in the therapies you are interested in learning – Reiki, Therapeutic Touch, Aromatherapy – Gentle Hand and Foot Massage • Help with individual's overall well-being
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If you are interested in learning more about Heart House Hospice volunteer opportunities, please contact Kelly McLaughlin, Coordinator of Volunteers at 905 712 8119 ext. 223 or kmclaughlin@hearthousehospice.com. Together, we can make a meaningful difference in individuals' end-of-life experiences and their loved ones.

ABOUT HEART HOUSE HOSPICE (www.hearthousehospice.com)

Heart House Hospice is Ontario's largest community hospice playing a critical role offering compassionate hospice care, grief and bereavement support for people of all ages in Mississauga and Brampton at no cost. Each year, more than 1,000 individuals who are living with a life-limiting illness and over 3,000 loved ones receive home visits, participate in day wellness programs, children and youth grief programs, complementary therapies and other outreach programs. Thanks to community support, compassionate hospice care is provided with dignity and peace for those who choose to live their last days in the comfort of their own homes rather than in a hospital.

CONTACTS

Media Contact

Lisa Hoekstra
 Director of Development
 Heart House Hospice
 Office: 905-712-8119 x 234
 Cell: 905-616-8289
lhoekstra@hearthousehospice.com

To Find Out More About Volunteer Opportunities

Kelly McLaughlin
 Coordinator of Volunteers
 Heart House Hospice
 905 712 8119 ext. 223
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