

SOUTH ASIAN OUTREACH PROJECT BEREAVEMENT SUPPORT GROUPS



REGISTRATION OPEN FOR JANUARY- FEBRUARY 2017

- A six week support group for Bereaved individuals and families who have lost a loved one to death in Canada or back home
- Learn about Hospice services, coping with grief and loss, self-care and much more
- Groups delivered in Punjabi, Hindi, and Urdu (also English if required)
- Resources provided in English, Punjabi, Hindi, Urdu, and Tamil
- Answers to your questions in your language

Mississauga Ram Mandir
270 Export Blvd., Mississauga ON, L5S 1Y9
Day & Time: Wednesdays, 6:00 pm – 8:00 pm
Dates: January 11, 18, 25 and February 01, 08, 15/2017
Tel: 905-696-8886

Contact: Asma Khan
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